SEAGULLS

SALISBURY STATE UNIVERSITY

1998

WOMEN'S SOCCER

SSU at a glance

The resources of a University ...
6,000 students from 36 states and 50 foreign countries
29 undergraduate and 8 graduate programs
200 full-time tenure-track faculty, 85 percent with terminal degrees, including National Endowment for the Humanities scholars and Fulbright professors.
NCAA Division III Athletics, 9 men's, 10 women's intercollegiate teams; 22 intramural sports

... with small-school opportunities.
Approachable faculty (17:1 student/faculty ratio)
Honors program with dedicated faculty at the Bellavance Honors Center. Ten residence complexes including traditional, co-ed, suite and apartment styles.

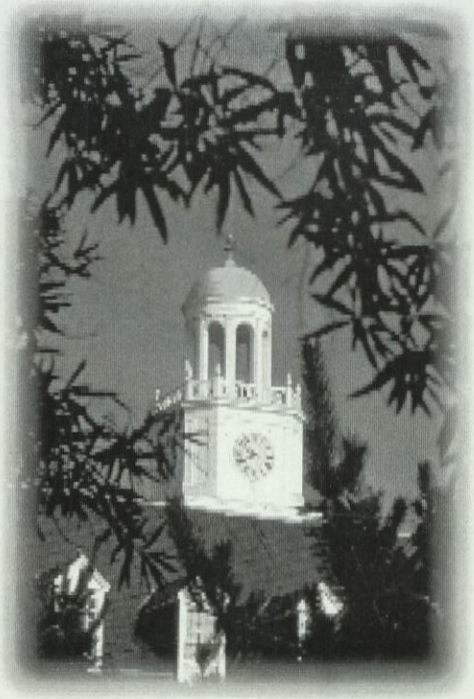
The security of state support ...
1998-99 tuition, room, board and fees: $9,392 per year for Maryland residents; $13,602 per year out-of-state.
A library with over 800,000 volumes, periodicals, microforms and databases including word processing and computer labs. Access to collections throughout the country.

... with the benefits of private funding.
Altogether, SSU awards nearly $1 million in academic scholarships each year. More than $24 million in private endowments supports some of those scholarships and provides for some of the finest educational programs.

In an ideal–and idyllic–location:
Salisbury, MD, is 30 miles west of the Atlantic Ocean and Ocean City, MD, and 20 miles east of the Chesapeake Bay; 2 hours from Baltimore, Washington, D.C. and Wilmington, DE. The campus is 2 1/2 hours from Norfolk, VA, and Philadelphia, PA, and 4 1/2 hours from New York.

Come see us–in person, or in cyberspace. We'd love to see your smiling face, but if you can't get here, check out our Web site.
We're at **http://www.ssu.edu.**

SSU's campus is in an attractive, residential neighborhood of stately homes on sculpted lawns, less than one-half mile from the banks of the Wicomico River. The campus includes 34 buildings on 125 landscaped acres. Students walk from one end of campus to the other in about 5 minutes.



1998 Season in Review

There were plenty of highlights and accomplishments for the Sea Gulls through another successful women's soccer season in 1998. SSU enjoyed two five-game winning streaks during the year. The first of those streaks helped set a team record 17-game unbeaten streak. The Gulls posted back-to-back victories over regionally ranked opponents from Rowan and Lynchburg. Salisbury made its fifth consecutive trip to the conference championship game. Seventeen different players contributed at least one goal or one assist during the season.

No accomplishment, however, may outshine the team's consistently incredible performance on the defensive end of the field throughout the season. The Sea Gulls posted 10 shutouts in 20 games and allowed just 12 goals for the entire season. In fact, it wasn't until the 13th game of the year that any opponent scored more than once in the same game.

Sophomore goalie **Amy Forbes** led the conference in goals against average (0.59) while also registering the highest save percentage (.891). Forbes and three of the core defenders who helped shape the league's tightest defense–**Amy Gallagher**, **Joy Mulholland** and **Kelly Knutson**–are all back again in 1999.

"It was a tremendous defensive season," says SSU Head Coach **Jim Berkman**. "We allowed just 12 goals in 20 games. That's an outstanding accomplishment.

"Defensively, there were several key factors for us. Amy improved a lot in the goal. We knew Amy Gallagher was solid. Joy became a great marking back. And Kelly got better and better with every game."

Cortney Urban led the offensive attack with seven goals and a team-high 17 points. Freshman **Tina Ensor** emerged as a strong scoring threat in the second half of the season and finished second in scoring with six goals and 13 points. Mulholland, who led the squad with four assists, was the team's third leading scorer with 12 total points.

The Sea Gulls were ranked among the Mid-Atlantic region's top teams throughout the season, and may have realistically finished just one goal away from earning the program's first-ever NCAA Tournament berth. SSU ended its season in the CAC Championship Game with a 1-0 triple overtime loss at Mary Washington, ranked fourth in the nation.

"We had an excellent year," says Berkman. "We had a great freshman class, but also a good mix between the veterans and the newcomers. We're really looking forward to next year."

Six Gulls Earn CAC Honors

Salisbury State had six players named to the 1998 all-Capital Athletic Conference teams, with two members of the first team and four on the second team. Senior forward **Cortney Urban** and junior back **Amy Gallagher** were selected to the first team. Second team members included midfielders **Dana Earl** and **Katie Rowles**, back **Joy Mulholland** and goalie **Amy Forbes**.

Head Coach Jim Berkman

In five varsity seasons, **Jim Berkman** has directed the Salisbury State women's soccer program to the brink of national recognition. Directing a first-year varsity program in 1994, Berkman led the Sea Gulls to the Capital Athletic Conference Championship and earned CAC Coach of the Year honors along the way. The Gulls have followed with four more trips to the conference championship game and have compiled a stellar 69-22-3 record during the program's first five seasons.

Berkman, who also coaches the men's lacrosse team, began his second decade at SSU in 1998. In addition to his outstanding work with the women's soccer team, Berkman's successful lacrosse resume includes a 133-18 career record at SSU since 1989, with two national championships, one national runnerup finish, five national semifinal appearances and five undefeated regular seasons.

A graduate of St. Lawrence (NY) University, Berkman's previous soccer experience includes three years as assistant varsity and head JV coach at his alma mater prior to coming to Salisbury. An accomplished all-around athlete, the Watertown, NY, native starred on the basketball team as well as the lacrosse squad at St. Lawrence, earning MVP honors in basketball as both a junior and senior. He also led the lacrosse team in scoring each of his last three seasons, earning all-America honors and playing in the prestigious North-South All-Star game as a senior in 1982.

After graduating from St. Lawrence in 1982, Berkman spent two years at Salisbury State while he earned his master's degree. He followed that with one successful season at Potsdam State, where Berkman coached the lacrosse squad to a school-record nine wins. He then returned to St. Lawrence from 1985-88, where he coached men's basketball in addition to his duties with the soccer program.

Year-by-Year Record

1994	13-5	CAC Champions
1995	11-5	CAC runnersup
1996	17-3	CAC runnersup
1997	15-3-2	CAC runnersup
1998	13-6-1	CAC runnersup
Total 69-22-3		

Wayne Gorrow
Assistant Coach

After serving as the women's soccer club coach for three seasons, Gorrow is now in his fifth year as an assistant to Berkman on the varsity level. In addition to his on-the-field duties, Gorrow also coordinates many of SSU's administrative details. Two areas of primary responsibility include recruiting and transportation.

Gorrow is a 1979 graduate of the University and was a two-year letterman on the Sea Gull lacrosse team. Originally from Liverpool, NY, and now residing in Cambridge, MD, he also works in SSU's Recreation Office as director of clubs and intramurals.

Scott Bowers
Assistant Coach

A four-year letterman for the SSU men's team, Bowers completed his third year as an assistant with the women's squad in 1998. The Salisbury native helped produce 47 victories for the men's squad during his career, the winningest period in team history. Bowers works primarily with the goalies and the defense.

Nicole Urban-Ingley
Assistant Coach

A former all-conference player and team MVP for the Sea Gulls, Urban-Ingley completed her first season as an assistant in 1998. Her primary duties included working daily with the backs in practice and also assisting with recruiting.

Quoting Coach Berkman

(On Recruiting at SSU)..."We have a great school and a great product to offer with outstanding academics. Student-athletes have a chance to get a great education here, one of the best on the East Coast, I believe. We also have super facilities, both academically and athletically. And those are going to get even better."

(Tips For Choosing a College Program)..."The most important thing is whether or not there's a commitment to doing things in a first-class manner. A commitment to playing a great schedule, to traveling in a first-class fashion, and a commitment to winning. A program should have full-time coaches who are there to help athletes with personal and academic needs as well as athletic needs."

(The Importance of Academics)..."It's the number one thing, the top priority. We try to keep soccer fun, but we don't forget why we're here in the first place. We want our players to be their best in the classroom just like we want them to reach their full potential as athletes."

(On Dual-Sport Opportunities)..."We encourage anybody who has the ability to excel at two or even three sports to do so. We support them 100 percent. We have a number of multi-sport athletes in the program right now. Playing more than one sport helps athletes stay in shape and gives them a chance to compete. It makes their athletic experience even more rewarding."

(Berkman's Ideal Student-Athlete)..."We want people who want to improve. We want people to be excited about getting better and to have the work ethic it takes to improve. We want people who are striving to be the best, in the classroom and on the field. We want people who love the game and love to play it, in season and out of season. And we want people who want to play the game at the highest level and who want to play in a program that will challenge to be an NCAA contender."

(On His Scheduling Philosophy)..."We want to play the best teams we can play. That's the only way to get better. We want to be challenged and play the best so we know what it takes to be the best. That's how you prepare to be a national contender on a year-to-year basis."

(On SSU's Athletic Facilities)..."I believe our facilities, from top to bottom, are the best at our level. From our soccer complex to the fitness center with 25 pieces of Nautilus and other equipment to our free weight room. Our facilities are second to none."

CAPITAL ATHLETIC CONFERENCE

1998 Sea Gull Roster

No.	Name	Pos	Year	Hometown	High School
0	Amy Forbes	G	So	Ewing, NJ	Ewing
1	Katie Watson	F	Sr	Hampstead, MD	Franklin
2	Ellen Mirsky	M	Fr	Marlton, NJ	Cherokee
4	Tina Ensor	M	Fr	Mt. Airy, MD	Linganore
7	Kerri Siess	F	Jr	Baltimore, MD	Perry Hall
8	Erin Watson	M	Jr	Hampstead, MD	Franklin
9	Jessica Miller	B	Jr	Severna Park, MD	Severna Park
10	Cortney Urban	F	Sr	Salisbury, MD	Parkside
11	Katie Rowles	M	Fr	Severna Park, MD	Severna Park
12	Stephanie Behles	M	So	Baltimore, MD	Parkville
13	Heidi Shaneybrook	M	Jr	Reisterstown, MD	Franklin
14	Angela Trancucci	M	Jr	Columbia, MD	Hammond
15	Amy Gallagher	B	Jr	Mercerville, NJ	Steinert
16	Dana Earl	B	Jr	Medford, NJ	Lenape
17	Lisa Capitelli	M	Fr	Holtsville, NY	Sachem
19	Kelly Knutson	B	Fr	Eldersburg, MD	Liberty
20	Meredith Bigham	M	Fr	Medford, NJ	Bishop Eustace
21	Cindy Maxfield	F	Fr	Columbia, MD	Long Reach
22	Tanya Dudrow	F	Fr	Frederick, MD	Thomas Johnson
24	Kristin Sullivan	B	Fr	Newton Square, PA	Marple Newton
25	Jennifer Mazzola	B	Jr	Gambrills, MD	Old Mill
27	Joy Mulholland	M	Fr	Ellicott City, MD	Mt. De Sales
29	Mary Alice Ayres	M	So	Parsippany, NJ	Parsippany
30	Allison Nigro	B	So	Bay Village, OH	Magnificat

Head Coach – Jim Berkman (5th year)
Assistants – Wayne Gorrow, Scott Bowers, Nicole Urban-Ingley
Captains – Dana Earl, Amy Gallagher

Sea Gull Recordbook

Team Records

Most Goals Scored, Game	8 (three times)
Most Goals Scored, Season	64, 1996
Largest Margin of Victory	8 vs. Catholic (8-0), 10/31/96 vs. Cabrini (8-0), 10/8/95
Most Goals Allowed, Game	5 vs. William Paterson, 9/19/97
Most Goals Allowed, Season	15 (three times)
Fewest Goals Allowed, Season	10, 1996
Most Shutouts, Season	14, 1996
Most Consecutive Shutouts, Season	6, 1997
Most Games Played, Season	20 (three times)
Most Wins, Season	17, 1996
Most Home Wins, Season	12, 1996
Longest Winning Streak	11, 1996
Longest Unbeaten Streak	17, 1997-98
Longest Home Winning Streak	19, 1995-97
Most Saves, Game	16 vs. Notre Dame (MD), 9/16/95 vs. Mary Washington, 9/25/94

Individual Records

Most Goals, Game	3, most recently Cortney Urban vs. Messiah, 9/23/97
Most Goals, Season	15, Ava Tasker, 1996
Most Goals, Career	41, Danielle Urban, 1994-97
Most Assists, Game	3, Jennifer Mazzola vs. Marymount, 10/1/97 Danielle Urban vs. Marymount, 9/17/96
Most Assists, Season	9, Danielle Urban, 1997
Most Assists, Career	19, Danielle Urban, 1994-97
Most Points, Game	7, Ava Tasker (3g-1a) vs. Catholic, 10/31/96
Most Points, Season	35, Ava Tasker (15g-5a), 1996
Most Points, Career	101, Danielle Urban (41g-19a), 1994-97
Most Saves, Game	16, Kristi Kauffman vs. M. Washington, 9/25/94 16, Amy Forbes vs. St. Mary's, 10/29/98
Most Saves, Season	132, Kristi Kauffman, 1994
Most Saves, Career	325, Kristi Kauffman, 1994-96
Most Shutouts, Season	14, Kristi Kauffman, 1996
Most Shutouts, Career	26.5, Kristi Kauffman, 1994-96

Career Leaders

Goals

Player	Goals	Years
1) Danielle Urban	41	1994-97
2) Ava Tasker	31	1994-96
3) Cortney Urban	28	1995-98
4) Patty Jones	13	1995-97
5) Cindy Parulis	12	1994-96
6) Ristelle James	11	1996

Assists

Player	Assists	Years
1) Danielle Urban	19	1994-97
2) Cortney Urban	11	1995-98
3) Dana Earl	10	1996-98
4) Patty Jones	9	1995-97
Ava Tasker	9	1994-96
6) Amanda Brooks	7	1994-95
7) Nicole Urban-Ingley	6	1994-97
Erin Sargent	6	1995-96

Points

Player	Points	Years
1) Danielle Urban	101 (41g-19a)	1994-97
2) Ava Tasker	71 (31g-9a)	1994-96
3) Cortney Urban	67 (28g-11a)	1995-98
4) Patty Jones	35 (13g-9a)	1995-97
5) Cindy Parulis	28 (12g-4a)	1994-96
6) Nicole Urban-Ingley	24 (9g-6a)	1994-97
7) Ristelle James	23 (11g-1a)	1996

Career

Player	Points	Years
1) Kristi Kauffman	325	1994-96
2) Amy Forbes	180	1997-98
3) Becky Keller	26	1997
4) Lisa Garrison	20	1995

1998 team captains, Dana Earl (left) and Amy Gallagher, both earned all-conference honors.

Sea Gull Honor Roll

1994

Jim Berkman	CAC Coach of the Year
Ava Tasker	First Team All-CAC Back, Third Team All-South Region
Vicki Prince	First Team All-CAC Midfielder
Amanda Brooks	First Team All-CAC Back
Danielle Urban	Second Team All-CAC Foward
Kristi Kauffman	Second Team All-CAC Goalie
Karen Mannion	Second Team All-CAC MF

1995

Karen Mannion	First Team All-CAC Back, First Team All-Mid Atlantic Region
Kristi Kauffman	First Team All-CAC Goalie, Third Team All-Mid Atlantic Region
Danielle Urban	First Team All-CAC Forward
Nicole Urban	First Team All-CAC Midfielder
Amanda Brooks	Second Team All-CAC Back

1996

Ava Tasker	First Team All-CAC Midfielder, CAC Player of the Year
Danielle Urban	First Team All-CAC Forward
Nicole Urban	First Team All-CAC Back
Kristi Kauffman	First Team All-CAC Goalie
Patty Jones	Second Team All-CAC Forward
Erin Sargent	Second Team All-CAC MF
Amy Gallagher	Second Team All-CAC Back

1997

Nicole Urban-Ingley	First Team All-CAC Back, First Team All-Mid Atlantic Region
Dana Earl	Second Team All-CAC MF
Amy Forbes	Second Team All-CAC Goalie
Jennifer Mazzola	Second Team All-CAC Back
Cortney Urban	Second Team All-CAC Forward Third Team All-MidAtlantic Region
Danielle Urban	Second Team All-CAC Forward

1998

Cortney Urban	First Team, All-CAC Forward
Amy Gallagher	First Team, All-CAC Back
Dana Earl	Second Team, All-CAC MF
Katie Rowles	Second Team, All-CAC MF
Joy Mulholland	Second Team, All-CAC Back
Amy Forbes	Second Team, All-CAC Goalie

All-Time Record Against Opponents

Opponent	W	L	T
Cabrini	2	0	0
Catholic *	5	0	0
Frostburg State	4	0	0
Goucher *	5	1	1
Greensboro	1	0	0
Haverford	0	1	0
Johns Hopkins	2	0	0
Kean	1	1	0
Lynchburg	2	0	0
Mary Washington *	1	8	1
Marymount *	7	0	0
Maryville	1	0	0
Messiah	2	1	0
Methodist	1	1	0
NC Wesleyan	1	0	0
Notre Dame (MD)	3	2	0
Randolph-Macon	0	2	0
Richard Stockton	0	1	0
Rowan	1	0	0
Shenandoah	4	1	0
St. Mary's (MD) *	6	1	1
Villa Julie	2	0	0
Virginia Wesleyan	4	1	0
Wesley	3	0	0
Western Maryland	3	0	0
Widener	3	0	0
William Paterson	1	1	0
York*	4	0	0

* CAC opponent

1998 Results and Statistics

Overall Record: 13-6-1 **CAC Record: 4-2** **Home: 8-4** **Away: 5-2-1**

Date	Opponent	Result	Score	Notes
Sept. 1	Villa Julie	W	4-0	Gallagher 2 goals; Bighan, Dudrow 1 goal
Sept. 3	@Wesley	W	3-0	Shaneybrook, Mulholland, E.Watson goals
Sept. 5	@Shenandoah	W	2-1	Urban, Dudrow 2nd half goals
Sept. 8	Virginia Wesleyan	W	4-0	Urban 2 goals; Rowles 2 goals
Sept. 12	Notre Dame (Md)	W	2-1	Siess, Mulholland goals
Sept. 17	Messiah	L	0-1	SSU 13-10 edge in shots
Sept. 19	York *	W	4-0	Ensor 2 goals; Mazzola, Nigro 1 goal
Sept. 20	Haverford	L	0-1	SSU 17-10 edge in shots
Sept. 26	@Mary Washington *	L	0-1	MWC goal in 85th minute
Sept. 27	@Catholic *	W	1-0	Urban goal; Mulholland assist
Sept. 30	Marymount *	W	3-0	Dudrow, Mulholland, Seiss goals
Oct. 3	St. Mary's *	L	0-1	SSU's first-ever loss to St. Mary's
Oct. 5	Richard Stockton	L	0-2	Scoreless game at halftime
Oct. 17	@Rowan	W	1-0	Shaneybrook goal; Mulholland assist
Oct. 19	Lynchburg	W	4-2	SSU–four goals in 2nd half
Oct. 24	@Goucher *	W	4-0	Urban 2 goals
Oct. 25	Widener	W	5-0	Ensor 2 goals, 1 assist
Oct. 26	Goucher	W	3-0	CAC Tournament–Quarterfinal
Oct. 29	@St. Mary's	T	1-1 4ot	CAC Tournament–Semifinal (SSU wins shootout, 8-7)
Oct. 31	@Mary Washington	L	0-1 3ot	CAC Championship–Championship

* CAC Opponent

	1998 Season			Career		
Individual Scoring (Hometown)	**Goals**	**Assists**	**Points**	**Goals**	**Assists**	**Points**
Cortney Urban (Salisbury, MD)	7	3	17	28	11	67
Tina Ensor (Mt. Airy, MD)	6	1	13	6	1	13
Joy Mulholland (Ellicott City, MD)	4	4	12	4	4	12
Tanya Dudrow (Frederick, MD)	4	1	9	4	1	9
Kerri Siess (Baltimore, MD)	4	1	9	4	1	9
Katie Rowles (Severna Park, MD)	3	1	7	3	1	7
Amy Gallagher (Mercerville, NJ)	3	0	6	8	2	18
Heidi Shaneybrook (Reisterstown, MD)	2	1	5	2	1	5
Cindy Maxfield (Columbia, MD)	1	3	5	1	3	5
Jennifer Mazzola (Gambrills, MD)	1	2	4	4	7	15
Erin Watson (Hampstead, MD)	1	2	4	1	2	4
Lisa Capitelli (Holtsville, NY)	1	1	3	1	1	3
Dana Earl (Medford, NJ)	1	1	3	6	10	22
Meredith Bigham (Medford, NJ)	1	0	2	1	0	2
Allison Nigro (Bay Village, OH)	1	0	2	1	1	3
Ellen Mirsky (Marlton, NJ)	1	0	2	1	0	2
Kristin Sullivan (Newton Square, PA)	0	1	1	0	1	1
Mary Alice Ayres (Parsippany, NJ)	0	0	0	3	0	6
Katie Watson (Hampstead, MD)	0	0	0	2	1	5
SSU TOTALS	41	22	104			
OPPONENTS	12	5	29			

Goalies	**G/GS**	**Saves**	**Goals**	**Pct.**	**ShO**	**Min**	**GAA**
Amy Forbes (Ewing, NJ)	20/20	98	12	.891	10(2)	1815	0.59
Gina Ceneviva (Frederick, MD)	4/0	1	0	1.000	2(2)	80	0.00
SSU TOTALS	20/20	99	12	.892	10	1895	0.57
OPPONENTS	20/20	164	41	.800	6	1895	1.95

SSU's Athletics Philosophy

Salisbury State University, a member of the National Collegiate Athletic Association's (NCAA) Division III, offers 19 intercollegiate sports for men and women. In addition to NCAA membership, SSU competes as a member of the Capital Athletic Conference (CAC) and the Eastern College Athletic Conference (ECAC).

As a member of the NCAA's Division III, Salisbury State places the highest priority on the overall quality of the educational experience. In doing so, it seeks to strengthen the integration of objectives and programs in athletics with academic and developmental objectives, and to assure the integration of athletes with other students.

SSU places special importance on the impact of athletics on the participants, with emphasis on the internal constituency (students, alumni and special friends) rather than on the general public and its entertainment needs.

The SSU athletics program is further characterized by the following principles:

- Participants receive the same treatment as other students. They have no unique privileges in admission, academic advising, course selection, grading, living accommodations or financial aid. Similarly, athletes are not denied rights and opportunities that would be available to them as non-athletes.
- Sports for men and women are given equal emphasis and the desired quality of competition is similar in all sports.
- Students are supported in their efforts to reach high levels of performance by providing them with adequate facilities, competent coaching and appropriate competitive opportunities with students from similar institutions.
- SSU strives to make the student-athlete's participation in intercollegiate athletics an enriching experience, and holds genuine concern for each participant's welfare. The intercollegiate program's foremost goal at all times is to supplement and enrich the first priority of the University, which is academic accomplishment.

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NCAA

Salisbury
STATE UNIVERSITY

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